

Illuminating And Scrutinizing Various Situations: 'Circumstances Are Not Deprived'

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I didn't go into the detail of Sekida's analysis in his chapter 8 "Samadhi" in "Zen Training", in notes here. It is a chapter worth study, and preceding material is also – and then in particular if one has some personal sense of what samadhi is.

But my roommate put on some percussion music, that is tonal, and I was deep in awareness of this or that.

And I tied it to circumstances, and how one might be paying attention to, and absorbed in circumstances...of one's own invention or not (and is this the potential actual world?) and the perceptual and action...and then also to what I'll term 'psychotic-problematic' thought and 'psychotic-routine' thought...or, 'point-to-point problematic' thought, and 'point-to-point routine' thought.

This all might be extremely useful for illuminating and scrutinizing various situations, I suspect. And it steps to a real, experiential space – and is completely different than the disorders paradigm. More to follow, over time. It's another thread, very much from current thought, and the experiential-observational, and theoretical, both with Zen (Sekida, others, and my own) and my own (a bit outside of Zen, now set in that context).

Just to be clear: the disorders paradigm does cite some things which may be dilemma or problematic, and it characterizes these as symptoms. But I would step to 'mental events' and 'physical events', and 'perceptual events' – being pleasant, neutral, unpleasant, functional, or problematic, and dilemma or no dilemma, and in the domains of life and the like...then in what ways and setting frame for what (in context and life, and mutually co-arising space). An entirely different description paradigm.