

# **A Way... (The Physical, The Mental)**

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Draft 1.03

2020 February 21 – 2020 March 3

One way to view the physical:

Sensitive, strong, flexi, resilient.

One way to view the mental:

Sensitive, strong, flexi, resilient.

At least, in some instances.

Why is this so?

Sometimes, in part.

What is this?

What is all of the above?