## A Thank-You Note, And My MVO 2019 Thesis Background (Technology Resume)

By Kevin A. Sensenig Draft 1.01 2019 February 19

On my technology resume I mention 'individual r&d' in the mental well-being and psych space for the past 15 years, and it really started before that, with key influences. This was a followup email to a technical recruiter in the digital computer technology field. It provides some background and description to my efforts in the mental well-being space and the psych unit domain – this 'individual r&d'.

## [ Recipient ],

Thanks for the phone call, it was nice to connect. Let me know if you have any followup questions. And as far as salary, my goal is to be flexible and realistic, so feel free to provide feedback.

Here I have the link to what I call my MVO (mental view and orientation) 2019 Thesis. It has been put together over the past year and a half, and I actually have more papers than what I put online. But this explains what I've done over the past 15 years, with careful preparation with Zen, Minsky, and Nabokov. And so much more! O-O programming and experience helped model this, including the MVC paradigm. The work of Edward Tufte (www.edwardtufte.com) – honesty and depth and skill at visual presentation and statistics – was a key influence. The Zen Buddhism that I've unpacked just over the past year has been instrumental, and recently The Lankavatara Sutra (translated by D. T. Suzuki) has been fruitful. I picked up the physics textbook from college (F&M) called Analytical Mechanics and started studying it – gravitational potential and work – which I left off in 2015 (at a psych unit, to great effect) – and have realized that physics is so efficient, and the text is prose (description of the situation), equation (expression and derivation), and diagram (visual clarification and clarity) – and I'd hit on the idea last year that in physics' description of the universe, you have math (the abstract) and the planet (the concrete object) at-one with this, and this fusion is the reality (the planet orbits the star) – a nice expression of Nagarjuna's "when we see the fusion of the abstract and the concrete, we see reality, before us" (from "Fundamental Wisdom Of The Middle Way"). So several interconnected influences and the direct practice of them.

But I digress. I hope you enjoyed. It's a delight to share this type of thing, and represents the best of my interpretation of 'all of the above'.

Here's the link to the thesis, and I point to my work in my technology resume:

http://www.nxmvc.com/MVO-2.0-1.html.

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You may find the 'My Theme Here' section to be a nice introduction, and can scan the papers' titles for indications of their content. My feeling in brief, in addition to what I say in the web page, is that the individual has such an opportunity – if desired – to work with dimension and an actual space, but that current theory/praxis in psych unit psychiatry says and treats as if it's a permanent bio-genetic condition – but they ask the individual and society to leave behind all that many of us work with in our everyday lives, that makes a difference in mental space, existential space, societal space, experiential space, and physical space. The goal (of mine) is to consider the domain from any number of different angles and with vocabulary and logic and reason and the participant – and to make available deeper insight and just outcomes, so that many resources are relied on. My papers spell this out.

So my r&d in the psych and mental well-being space may have actually started when I picked up the Tao Te Ching by Lao-Tzu translated by Stephen Mitchell – and Envisioning Information by Edward Tufte – in 1990!

It hasn't always been pleasant, and I have found the experiential in this to be key to my standpoint – but now it's been sheer delight and serious and fun to work with these papers and reflections on this r&d project. It's really a societal question, and I hope to see a shift in the profession.

Thus, to provide background for 15-20 years' work, and how I've been productive. I see it as material that is consistent with the best of my resume, and even exceeds it: and I hope to bring that same dedication to all my efforts.

Thanks for considering all this. Take good care,

Kevin